

NOVENA SCHEDULE



Mon	Tue	Wed	Thur	Fri	Sat	Sun
No-Gi 7:00 - 8:00 am	BJJ All Levels 7:00 - 8:00 am	No-Gi 7:00 - 8:00 am	BJJ All Levels 7:00 - 8:00 am	No-Gi 7:00 - 8:00 am		
	Ladies only BJJ 9:00 - 10:00 am		Ladies only BJJ 9:00 - 10:00 am			
					Kids Wrestling / No-Gi 10:00 - 11:00 pm	Kids BJJ 10:00 - 11:00 am
					Babybolo BJJ 11:00 - 12:00 pm	Babybolo BJJ 11:00 - 12:00 pm
BJJ Fundamentals 12:00 - 1:00 pm	No-Gi / Wrestling 12:00 - 1:00 pm	BJJ All Levels 12:00 - 1:00 pm	No-Gi / Wrestling 12:00 - 1:00 pm	BJJ All Levels 12:00 - 1:00 pm	BJJ All Levels 12:00 - 1:00 pm	BJJ Fundamentals 12:00 - 1:00 pm
					Adult Wrestling 1:00 - 2:00 pm	Kids BJJ 1:00 - 2:00 pm
					Kids BJJ 2:00 - 3:00 pm	Kids BJJ 2:00 - 3:00 pm
Babybolo BJJ 3:00 - 4:00 pm		Kids BJJ 3:00 - 4:00 pm		Kids BJJ 3:00 - 4:00 pm	Kids BJJ 3:00 - 4:00 pm	
Kids BJJ 4:00 - 5:00 pm	Kids Wrestling / No-Gi 4:00 - 5:00 pm	Babybolo BJJ 4:00 - 5:00 pm	Kids Wrestling / No-Gi 4:00 - 5:00 pm	Kids BJJ 4:00 - 5:00 pm		
Kids BJJ 5:00 - 6:00 pm	Kids BJJ 5:00 - 6:00 pm	Kids BJJ 5:00 - 6:00 pm	Kids BJJ 5:00 - 6:00 pm	Babybolo BJJ 5:00 - 6:00 pm		
	Kids BJJ 6:00 - 7:00 pm		Kids BJJ 6:00 - 7:00 pm			
BJJ Fundamentals 7:00 - 8:00 pm	No-gi / Wrestling 7:00 - 8:00 pm	BJJ Fundamentals 7:00 - 8:00 pm	No-gi / Wrestling 7:00 - 8:00 pm	BJJ Fundamentals 7:00 - 8:00 pm		
BJJ Advanced 8:00 - 9:00 pm		No-gi / Wrestling 8:00 - 9:00 pm		BJJ Advanced 8:00 - 9:00 pm		